

# SMHFA 2-DAY COURSE CALENDAR 2018/19

Course: Scotland's Mental Health First Aid

Info: <https://www.mhscot-consultancy.co.uk/scotlands-mental-health-first-aid/>

Run By: [MHSCOT WORKPLACE WELLBEING CIC](#)

Booking and availability: <https://www.mhscot-consultancy.co.uk/register-for-smhfa/>

This is a 2 Day Course, attendance on both days is required to achieve certification

| VENUE LOCATION  | DAY 1<br>9.45AM-5PM                  | DAY 2<br>9.45AM-5PM                  |
|---|--------------------------------------|--------------------------------------|
| <ul style="list-style-type: none"> <li>Apex City Hotel, 61 Grassmarket, Edinburgh, EH1 2HJ</li> </ul>                       | Weds 16 <sup>th</sup> May            | Weds 23 <sup>rd</sup> May            |
| <ul style="list-style-type: none"> <li>New Directions, Bloom House, 10 Main Street, Livingston Village, EH54 7AF</li> </ul> | Mon 11 <sup>th</sup> June            | Mon 18 <sup>th</sup> June            |
| <ul style="list-style-type: none"> <li>The Health and Social Care ALLIANCE, 349 Bath Street, Glasgow, G2 4AA</li> </ul>     | Weds 11 <sup>th</sup> July           | Tues 17 <sup>th</sup> July           |
|   | Weds 8 <sup>th</sup> Aug             | Weds 15 <sup>th</sup> Aug            |
| <ul style="list-style-type: none"> <li>Apex City Hotel, 61 Grassmarket, Edinburgh, EH1 2HJ</li> </ul>                       | Weds 29 <sup>th</sup> Aug            | Weds 5 <sup>th</sup> Sept            |
|   | Weds 12 <sup>th</sup> Sept           | Weds 19 <sup>th</sup> Sept           |
|   | Weds 17 <sup>th</sup> Oct            | Weds 24 <sup>th</sup> Oct            |
|   | Weds 14 <sup>th</sup> Nov            | Weds 21 <sup>st</sup> Nov            |
|   | Weds 28 <sup>th</sup> Nov            | Weds 5 <sup>th</sup> Dec             |
|   | Weds 12 <sup>th</sup> Dec            | Weds 19 <sup>th</sup> Dec            |
|   | Mon 14 <sup>th</sup> Jan <b>2019</b> | Mon 21 <sup>st</sup> Jan <b>2019</b> |
|   | Weds 6 <sup>th</sup> Feb             | Weds 13 <sup>th</sup> Feb            |
|   | Weds 27 <sup>th</sup> Feb            | Weds 6 <sup>th</sup> March           |

Dates/venues far in advance **can** be subject to change so always check the website for an updated copy of this calendar.

- £150 per person for the two-day course (individuals and private / public companies)
- \*\*10% discount (£135) for students, charities, social enterprises and services supporting mental health and wellbeing \*\*

**Last Updated: 27/04/2018**